



# Newsletter

Friday 6<sup>th</sup> February 2026

This week the children have been doing their peer massage in the Cosy Cave after lunch, with music playing and lights on the ceiling. Some of the children have chosen to do dough gym after lunch, they use the dough to do exercises with their fingers. This helps to build strength in their fingers and hands for using all small tools.



Creating patterns on the lightbox



Rainy day picnics and cycling with friends - we have not let the rain stop us this week!

## Keeping Safe at Nursery

One of the things we do to keep children safe is follow lockdown procedures, if necessary. At Mells Nursery, this simply involves getting all our children inside the Nursery, quickly and safely; locking doors and closing blinds. We practiced this on Wednesday and managed to get the children inside very quickly and efficiently. The children were all very comfortable doing this and wondered if maybe we were hiding from a huge dinosaur!



Mark making all around the Nursery.